

Nebulizer Use

Using the nebulizer:

- Use droppers to introduce medication
- Switch pump on and hold nebulizer level
- Sit up straight and exhale completely
- Seal lips on mouthpiece
- Inhale slowly, deeply, and completely, then exhale
- Do not tire yourself!

Cleaning procedures:

- After each treatment, take the nebulizer apart and rinse in running water.
- Once daily, disassemble the nebulizer and wash equipment in warm soapy water. (Liquid detergent only – for example, Joy.)
- Rinse in hot running water.
- Soak in disinfectant or decontaminate solution after last daily treatment.
 - **Decontaminate solution** – One part vinegar to three parts water. (Discard after each use.) Soak equipment for 30 minutes. Rinse in clear water; preferably distilled.
- Air-dry parts on lint-free towel. (Paper towels are fine.)
- When completely dry, reassemble equipment and return to use. If equipment is not going to be used right away, store in a plastic bag until needed.

