

PAP CLEANING AND REPLACEMENT GUIDE

RECOMMENDED CLEANING SOLUTION: WARM DRINKING QUALITY WATER AND UNSCENTED MILD SOAP

<u>SUPPLIES</u>	<u>HOW TO</u>	<u>FREQUENCY</u>	<u>REPLACEMENT</u>
Mask Frame	Hand wash with cleaning solution Rinse thoroughly and allow to air dry	Daily	1 per 3 months
Headgear	Hand wash with cleaning solution Rinse thoroughly and allow to air dry	Weekly	1 per 6 months
Nasal Cushions / Pillows	Wipe down with a damp cloth daily Hand wash with cleaning solution weekly	Daily / Weekly	2 per 1 month
Full Face Cushion	Wipe down with a damp cloth daily Hand wash with cleaning solution weekly	Daily / Weekly	1 per 1 month
Standard or Heating Tubing	Run cleaning solution through tubing Rinse thoroughly with warm water and hang to air dry	Weekly	1 per 3 months
Disposable Filters	Check filters weekly, and brush off any build up	Weekly	2 per 1 month
Reusable Foam Filters	Check filters weekly, and rinse with cleaning solution, Allow filter to air dry	Weekly	1 per 6 months
Chinstrap	Hand wash with cleaning solution Rinse thoroughly and allow to air dry	Weekly	1 per 6 months
Water Chamber	Empty and replace distilled water daily Wash with cleaning solution weekly Rinse thoroughly and allow to air dry with lid open	Daily / Weekly	1 per 6 months
PAP Machine , exterior only	Wipe down with damp cloth	Weekly	Every 5 years

REPLACEMENT SCHEDULE ABOVE IS BASED ON ORIGINAL MEDICARE GUIDELINES. OTHER INSURANCE PLANS MAY FOLLOW THESE GUIDELINES AS A COVERED REPLACEMENT SCHEDULE